

# Pre-K and Kindergarten

幼兒園套餐  
Apr 08-Apr 19

	Date 日期	Set A 套餐	Set B 套餐	Side Dish 附菜
W15	2019/04/8(Mon)	Rice 白飯	Stir-fried noodles with vegetables 三絲炒麵	Braised chicken with soy sauce, stir-fried green soybean and minced meat, stir-fried mushrooms and water bamboo, vegetables 醬燒雞柳、毛豆肉末、雙菇 筴白筍、青菜
W15	2019/04/9(Tue)	Rice 白飯	Minced pork noodles 紹子麵	Braised pork chop with scallion, scrambled egg with tomato, braised cabbage with bean curd sheet, vegetables 蔥燒香肉排、蕃茄炒蛋、豆皮白菜滷、青菜
W15	2019/04/10(Wed)	Sweet potato rice 地瓜飯	Hot plate noodles with mushroom 蘑菇鐵板麵	Sanbei chicken, stir-fried vegetarian gluten kidneys with celery, steamed pumpkin and minced pork, vegetables 三杯雞丁、西芹炒素腰花、肉末南瓜、青菜
W15	2019/04/11(Thu)	Rice 白飯	Spaghetti in meat sauce 肉醬義大利麵	Steamed fish (Please note fish allergy), braised seaweed knot, baked assorted vegetables, vegetables 清蒸鮮魚 (魚類過敏請注意)、滷海帶結、烤什錦時蔬、青菜
W15	2019/04/12(Fri)	Egg fried rice with shredded pork 肉絲蛋炒飯	Japanese style cold noodles 日式和風涼麵	Stewed pork, braised dried bamboo, stir-fried mixed vegetables, vegetables 家鄉回鍋肉、香滷筍干、脆炒三色蔬、青菜
W15	2019/04/13(Sat)	<b>Weekend</b>		
W15	2019/04/14(Sun)			
W16	2019/04/15(Mon)	Rice 白飯	Yaki udon 日式烏龍麵	Roasted chicken, cabbage roll, stir-fried black fungus and pineapple, vegetables 美式烤雞、高麗菜捲、木耳炒鳳梨、青菜
W16	2019/04/16(Tue)	Black rice 紫米飯	Baked penne with creamy sauce 奶油焗烤筆尖麵	Sweet and sour chicken, scrambled egg with mushroom, pan-fried eggplants with minced pork, vegetables 糖醋雞丁、洋菇炒蛋、魚香茄子、青菜
W16	2019/04/17(Wed)	Rice 白飯	Fried noodles with curry sauce 咖哩燴麵	Pork fillet with oyster sauce, baked cabbage with creamy sauce, scrambled eggs with carrots, vegetables 蠔油豬柳、奶油焗白菜、紅蘿蔔炒蛋、青菜
W16	2019/04/18(Thu)	Rice 白飯	Fried rice noodles with vegetable 古早味炒米粉	Stewed fish in brown sauce (Please note fish allergy), cauliflower with curry sauce, sweet and sour bean curd sheet, vegetables 紅燒魚柳 (魚類過敏請注意)、咖哩白花菜、糖醋豆包、青菜
W16	2019/04/19(Fri)	Fried rice with egg 黃金炒飯	Macaroni and vegetable in pesto sauce 青醬彩蔬通心麵	Stewed pork in orange sauce, sanbei dried tofu, stir-fried celery and crab meat (Please note seafood allergy), vegetables 橙汁豬肉角、三杯豆干、芹香蟹味絲 (海鮮過敏請注意)、青菜

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# Pre-K and Kindergarten

幼兒園套餐  
Apr 22-May 03

	Date 日期	Set A 套餐	Set B 套餐	Side Dish 附菜
W17	2019/04/22(Mon)	Rice 白飯	Japanese curry noodles 日式咖哩麵	Roastd chicken, stir-fried cucumber with dried shrimp (Please note seafood allergy), stir-fried durvillea with basil, vegetables 香烤雞腿排、蝦皮大黃瓜 (海鮮過敏請注意)、塔香海茸、青菜
W17	2019/04/23(Tue)	Rice 白飯	Fried rice noodles 炒飯條	Thai basil chili pork, braised tofu, stir-fried water bamboo and black fungus, vegetables 泰式打拋豬、香滷三角油豆腐、筍白筍炒木耳、青菜
W17	2019/04/24(Wed)	Egg fried rice with shredded pork and bacon 火腿肉絲蛋炒飯	Mexican burrito 墨西哥捲餅	Stewed pork in brown sauce, stir-fried bamboo shoot with shredded pork, braised tofu and tomato, vegetables 紅燒豬柳、桶筍炒肉絲、蕃茄 燴豆腐、青菜
W17	2019/04/25(Thu)	Rice 白飯	Dumplings 水餃	Basted meat, scrambled egg with tricolor beans, stir-fried bitter melon with fermented black soybean, vegetables 叉燒肉、三色豆炒蛋、豆豉苦瓜、青菜
W17	2019/04/26(Fri)	Brown rice 糙米飯	Hokkien fried noodles 福州炒麵	Chicken with scallion oil, stir-fried cabbage and bacon, stir-fried sweet pepper with garlic, vegetables 蔥油雞丁、培根脆炒高麗菜、蒜味雙甜椒、青菜
W17	2019/04/27(Sat)	<b>Weekend</b>		
W17	2019/04/28(Sun)			
W18	2019/04/29(Mon)	Rice 白飯	Bean sprout noodles 豆菜麵	Sweet and sour chicken, stir-fried baby corn and snap peas, stir-fried oden with onion, vegetables 糖醋雞丁、玉米筍炒甜豆、洋蔥黑輪條、青菜
W18	2019/04/30(Tue)	Rice 白飯	Mushroom rotini in pesto sauce 青醬野菇螺旋麵	Steamed pork with rice flour, stir-fried chives and egg, mapo tofu, vegetables 粉蒸豬肉角、韭菜炒蛋、麻婆豆腐、青菜
W18	2019/05/1(Wed)	Mushroom risotto in creamy sauce 蕈菇奶油燉飯	Assorted fried noodles 什錦炒麵	Pork chop with tomato sauce, stir-fried dried tofu and corn, sauteed bean sprout with shredded chicken, vegetables 紅醬豬排、豆干丁玉米、銀芽雞絲、青菜
W18	2019/05/2(Thu)	Black rice 紫米飯	Noodles in meat sauce 中式肉醬乾拌麵	Sanbei fish (Please note fish allergy), braised white gourd with mushroom, assorted steamed egg, vegetables 三杯旗魚丁 (魚類過敏請注意)、鮮菇燴冬瓜、什錦蒸蛋、青菜
W18	2019/05/3(Fri)	Rice 白飯	Japanese style cold noodles in sesame sauce 和風芝麻涼麵	Stewed pork and lima bean, stewed wheat gluten with radish, roasted mixed vegetables, vegetables 皇帝豆燒肉、麵筋燒白蘿蔔、烤綜合彩蔬、青菜

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# Pre-K and Kindergarten

幼兒園套餐  
May 06-May 17

	Date 日期	Set A 套餐	Set B 套餐	Side Dish 附菜
W19	2019/05/6(Mon)	Rice 白飯	Fried egg noodles 炒意麵	Teriyaki chicken, stir-fried loofah and lycii fructus, potato curry, vegetables 照燒雞丁、枸杞絲瓜、咖哩馬鈴薯、青菜
W19	2019/05/7(Tue)	Rice 白飯	Farfalle with vegetables in red curry sauce 紅咖哩鮮蔬蝴蝶麵	Braised pork, stir-fried bitter melon with fermented black soybean, steamed shumai, vegetables 滷豬蹄、豆蔞炒苦瓜、蒸燒賣、青菜
W19	2019/05/8(Wed)	Black rice 紫米飯	Noodles with sauted shredded pork in sweet bean sauce 京醬肉絲麵	Mexican roasted chicken, fried egg with yambean, eggplants with bean paste, vegetables 墨西哥風味烤雞腿排、豆薯炒蛋、豆瓣茄子、青菜
W19	2019/05/9(Thu)	Yangchow fried rice 揚州炒飯	Rotini in meat sauce 義式肉醬螺旋麵	Steamed fish (Please note fish allergy), saute kelp with dried tofu, baked cauliflower and broccoli, vegetables 清蒸水晶魚(魚類過敏請注意)、海帶豆干絲、焗雙色花椰菜、青菜
W19	2019/05/10(Fri)	Rice 白飯	Fried noodles with basil 塔香炒麵	Yakiniku, stir-fried tempura and chives, braised dried silver carp with chinese cabbage (Please note fish allergy), vegetables 日式燒肉、韭菜炒甜不辣、扁魚白菜 (魚類過敏請注意)、青菜
W19	2019/05/11(Sat)	<b>Weekend</b>		
W19	2019/05/12(Sun)			
W20	2019/05/13(Mon)	Rice 白飯	Assorted fried noodles 什錦炒麵	Stewed chicken in brown sauce, bottle gourd with dried shrimp (Please note seafood allergy), stir-fried oden with green pepper, vegetables 紅燒雞柳、蝦米扁蒲(海鮮過敏請注意)、青椒炒香輪、青菜
W20	2019/05/14(Tue)	Rice 白飯	Shallot noodles with satay sauce 沙茶香蔥拌麵	Stewed pork with taro, scrambled egg with bamboo, stir-fried golden mushroom and white gourd, vegetables 芋頭燒肉、筍絲炒蛋、金針菇 燴冬瓜、青菜
W20	2019/05/15(Wed)	Sweet potato rice 地瓜飯	Mushroom spaghetti in creamy sauce 奶油鮮菇義大利麵	Boiled salted chicken, braised tofu and quail egg, stir-fried bean curd sheet and celery, vegetables 鹽水雞、滷油豆腐烏蛋、芹菜炒豆包、青菜
W20	2019/05/16(Thu)	Fried rice with egg and bacon 培根蛋炒飯	Fried noodles with cumin 孜然炒麵	Japanese style chicken, stir-fried sausage with corn, braised potato and carrot, vegetables 和風腿排、玉米炒香腸、馬鈴薯 燴紅蘿蔔、青菜
W20	2019/05/17(Fri)	Rice 白飯	Yaki udon 日式烏龍麵	Pork chop with mushroom sauce, stewed chinese cabbage with wheat gluten, stewed taro in brown sauce, vegetables 磨菇豬排、大白菜麵筋、紅燒芋頭、青菜

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# Pre-K and Kindergarten

幼兒園套餐  
May 20-May 31

	Date 日期	Set A 套餐	Set B 套餐	Side Dish 附菜
W21	2019/05/20(Mon)	Rice 白飯	Hakka fried thick rice noodles (Please note seafood allergy) 客家米苔目 (海鮮過敏請注意)	Sweet and sour pork, stir-fried bean sprouts and mushroom, steamed pumpkin with minced meat, vegetables 咕咾肉、香菇豆芽、南瓜肉末、青菜
W21	2019/05/21(Tue)	Thai fried rice 泰式炒飯	Minced pork with noodles 肉燥麵	Roasted basil chicken, stir-fried loofah and mushroom, pan-fried eggplants with minced pork, vegetables 塔香腿排、香菇絲瓜、魚香茄子、青菜
W21	2019/05/22(Wed)	Sweet potato rice 地瓜飯	Hokkien fried noodles 福州炒麵	Braised fish with scallion (Please note fish allergy), stir-fried burdock wire and sliced kelp, rice meatball, vegetables 蔥燒旗魚 (魚類過敏請注意)、牛蒡海帶絲、珍珠丸子、青菜
W21	2019/05/23(Thu)	Rice 白飯	Pork burger 醬燒豬肉漢堡	Set A: Braised pork chop with soy sauce, stir-fried dry fish and dry tofu (Please note fish allergy), scrambled egg with scallion, vegetables 醬燒豬肉排、丁香豆干 (魚類過敏請注意)、蔥花炒蛋、青菜 Set B: Stir-fried dry fish and dry tofu (Please note fish allergy), scrambled egg with scallion, vegetables 丁香豆干 (魚類過敏請注意)、蔥花炒蛋、青菜
W21	2019/05/24(Fri)	Rice 白飯	Dumplings 水餃	Chicken in curry sauce, salted egg yolk tofu, braised dried silver carp with chinese cabbage, vegetables 咖哩雞腿排、金沙豆腐、扁魚白菜 (魚類過敏請注意)、青菜
W21	2019/05/25(Sat)	<b>Weekend</b>		
W21	2019/05/26(Sun)			
W22	2019/05/27(Mon)	Vegetable risotto in tomato sauce 茄汁鮮蔬燉飯	Fried egg noodles 炒意麵	Pork with ginger sauce, scrambled egg with carrot, braised wheat gluten with kelp, vegetables 薑汁肉片、紅蘿蔔炒蛋、海帶滷車輪、青菜
W22	2019/05/28(Tue)	Rice 白飯	Singapore-style noodles (Please note seafood allergy) 星州炒米粉 (海鮮過敏請注意)	Sweet and sour chicken, stir-fried celery with fried dried tofu, Stewed white gourd with mushroom, vegetables 糖醋雞柳、芹香豆干絲、香菇燒冬瓜、青菜
W22	2019/05/29(Wed)	Brown rice 糙米飯	Fried nabeyaki egg noodles 炒鍋燒意麵	Steamed fish (Please note fish allergy), braised meatball, stir-fried mixed vegetables, vegetables 清蒸水晶魚 (魚類過敏請注意)、滷貢丸、脆炒三絲、青菜
W22	2019/05/30(Thu)	Fried rice with curry sauce 咖哩炒飯	Sesame paste noodles 麻醬麵	Chicken with scallion oil, salted egg with bitter melon, stir-fried celery and shrimp (Please note seafood allergy), vegetables 蔥油雞丁、苦瓜鹹蛋、西芹蝦仁 (海鮮過敏請注意)、青菜
W22	2019/05/31(Fri)	Rice 白飯	Hakka style rice noodles (Please note seafood allergy) 客家板條 (海鮮過敏請注意)	Stewed pork with potato, stir-fried cabbage and bacon, scrambled egg with kelp, vegetables 馬鈴薯燉肉、培根脆炒高麗菜、海芽滑蛋、青菜

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# Pre-K and Kindergarten

幼兒園套餐  
Jun 03-Jun 14

	Date 日期	Set A 套餐	Set B 套餐	Side Dish 附菜
W23	2019/06/3(Mon)	Rice 白飯	Minced pork with Yanshui egg noodles 鹽水意麵	Basted meat, stir-fried tempura and chives, scrambled egg with tomato, vegetables 叉燒肉、韭菜甜不辣、蕃茄炒蛋、青菜
W23	2019/06/4(Tue)	Sweet potato rice 地瓜飯	Cold noodles with shredded chicken 雞絲涼麵	Chicken with honey, scrambled egg and dried radish, stir-fried preserved potherb mustard with minced pork, vegetables 蜜汁雞丁、菜脯蛋、雪裡紅肉末、青菜
W23	2019/06/5(Wed)	Mushroom risotto in pesto sauce 青醬野菇燉飯	Noodles in meat sauce 肉醬拌麵	Roasted chicken, stir-fried cucumber and fish ball (Please note fish allergy), scrambled egg with basil, vegetables 香烤雞腿排、大黃瓜 燴魚丸 (魚類過敏請注意)、塔 香炒蛋、青菜
W23	2019/06/6(Thu)	Fried rice with korean kimchi 韓式泡菜炒飯	Savory rice pudding (Please note seafood allergy) 碗粿 (海鮮過敏請注意)	Soy-stewed pork, stir-fried bicolor sweet pepper and baby corn, braised dried tofu, vegetables 古早味爌肉、雙色彩椒炒玉米筍、滷豆干丁、青菜
W23	2019/06/7(Fri)	Dragon Boat Festival		
W23	2019/06/8(Sat)	Weekend		
W23	2019/06/9(Sun)			
W24	2019/06/10(Mon)	Rice 白飯	Submarine sandwich with hot dog 熱狗潛艇堡	Set A: Braised pork with soy sauce, cauliflower and bacon with curry sauce, stir-fried cucumber with shredded chicken, vegetables 醬燒豬肉、咖哩培根白花菜、小黃瓜炒雞絲、青菜  Set B: Cauliflower and bacon with curry sauce, stir-fried cucumber with shredded chicken, vegetables 咖哩培根白花菜、小黃瓜炒雞絲、青菜
W24	2019/06/11(Tue)	Fried rice with egg and ham 火腿蛋炒飯	Mushroom spaghetti in creamy sauce 奶油鮮菇義大利麵	Curry chicken, stir-fried shredded pork and cuttlefish (Please note seafood allergy), corn with minced meat, vegetables 咖哩雞丁、客家小炒 (海鮮過敏請注意)、玉米肉 末、青菜
W24	2019/06/12(Wed)	Brown rice 糙米飯	Assorted fried noodles 什錦炒麵	Stewed pork ball in brown sauce, Japanese style steamed egg, braised wheat gluten, vegetables 紅燒獅子頭、日式蒸蛋、滷車輪、青菜
W24	2019/06/13(Thu)	Turnip cake 蘿蔔糕	Fried noodles with tomato sauce 茄汁燴麵	Stir-fried chicken with vegetables, bean threads with vegetables, stir-fried vegetarian squid and snap peas, vegetables 五彩雞丁、螞蟻上樹、甜豆炒素魷魚、青菜

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