

Date		Set	Staple food	Side dishes
5/8	Tue.	<input type="checkbox"/> A	Black rice 紫米飯	Roasted chicken with honey mustard, hard boiled egg, little silver fish with amaranth potage, vegetables (Please note fish allergy) 蜂蜜芥末雞排、滷蛋、吻魚莧菜、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Spaghetti with creamy 奶油意大利麵	
5/9	Wed.	<input type="checkbox"/> A	Rice 白飯	Roasted chicken leg, stir-fried black fungus and pineapple, kung pao preserved egg, vegetables 烤雞腿、木耳炒鳳梨片、宮保皮蛋、青菜
		<input type="checkbox"/> B	Penne with tomato sauce 紅醬通心麵	
5/10	Thu.	<input type="checkbox"/> A	Sweet potato rice 地瓜飯	Black pepper pork fillet, Japanese simmered food, saute tofu with tomato, vegetables 黑胡椒豬柳、日式佃煮、紹子豆腐、青菜
		<input type="checkbox"/> B	Burrito 墨西哥捲餅	
5/11	Fri.	<input type="checkbox"/> A	Rice 白飯	Braised fish in brown sauce, Braised dried silver carp with Chinese cabbage, poach white gourd with pickles, vegetables (Please note fish allergy) 紅燒旗魚丁、扁魚白菜、醬菜冬瓜、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Thick rice noodles with pumpkin 金瓜米苔目	
5/14	Mon,	<input type="checkbox"/> A	Black rice 紫米飯	Stew pork with tomato, stir-fried egg with green bean and radish, saute loofah and crab, vegetables (Please note seafood allergy) 蕃茄肉丁、三色豆炒蛋、蟹味絲瓜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Spaghetti with tomato sauce 紅醬義大利麵	
5/15	Tue.	<input type="checkbox"/> A	Egg fried rice with pork 肉絲蛋炒飯	Stew chicken cutlet, fried shredded pork with cuttlefish, braised taro in brown sauce, vegetables 滷雞排、客家小炒、紅燒芋頭角、青菜
		<input type="checkbox"/> B	Yakiudon 日式炒烏龍	
5/16	Wed.	<input type="checkbox"/> A	Rice 白飯	Stir-fried mix sea food, saute egg with pumpkin, stew dry tofu in brown sauce, vegetables (Please note seafood allergy) 燴三鮮、南瓜燴蛋、回鍋豆干、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Cold Noodles with sesame paste 芝麻涼麵	
5/17	Thu.	<input type="checkbox"/> A	Fried rice and chicken with garlic and chili 避風塘雞絲炒飯	Pork with ginger, rice meat ball, braised gluten, vegetables 薑汁肉片、珍珠丸子、醬燒麵腸、青菜
		<input type="checkbox"/> B	Minced pork with noodles 肉燥麵	

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5/18	Fri.	<input type="checkbox"/> A	Rice 白飯	Curry chicken, braised dry tofu, stir-fried water bamboo, vegetables 咖哩雞丁、滷豆干丁、炒茭白筍、青菜
		<input type="checkbox"/> B	Fried egg noodles 炒意麵	
5/21	Mon.	<input type="checkbox"/> A	Rice 白飯	Stew pork with taro, stir-fried sweet pepper, stir-fried bitter melon with black soy bean, vegetables 芋頭燒肉、炒彩椒、豆豉苦瓜、青菜
		<input type="checkbox"/> B	Savory rice pudding (Please note seafood allergy) 碗粿(海鮮過敏請注意)	
5/22	Tue.	<input type="checkbox"/> A	Hawaii fried rice 夏威夷炒飯	Braised fish with brown sauce, steam cabbage roll, bottle gourd with dry shrimp, vegetables (Please note seafood and fish allergy) 醬燒水晶魚、高麗菜捲、蝦皮胡瓜、青菜(海鮮及魚類過敏請注意)
		<input type="checkbox"/> B	Mushroom risotto with creamy 奶油蘑菇燉飯	
5/23	Wed.	<input type="checkbox"/> A	Minced pork over rice 肉燥飯	Pork chop with mince meat, potato salade, stir-fried bamboo and mix vegetable, vegetables 肉燥大排、馬鈴薯沙拉、竹筍三丁、青菜
		<input type="checkbox"/> B	Cold Noodles with shredded chicken 雞絲涼麵	
5/24	Thu.	<input type="checkbox"/> A	Rice 白飯	Sanbei chicken, stir-fried egg with corn, stew fried tofu with soy sauce, vegetables 三杯雞、玉米滑蛋、香滷油豆腐、青菜
		<input type="checkbox"/> B	Hakka style rice noodles 客家板條	
5/25	Fri.	<input type="checkbox"/> A	Brown rice 糙米飯	Korea grill prok, saute shred pork with makino bamboo shoot, fried pickled mustard with green soy bean and dry tofu, vegetables 韓式燒肉、桂竹筍肉絲、榨菜毛豆干丁、青菜
		<input type="checkbox"/> B	Big bite 大亨堡	
5/28	Mon.	<input type="checkbox"/> A	Rice 白飯	Roasted chicken innerfillet with Italian seasoning, stir-fried cabbage with sausage, saute cuttlefish with celery, vegetables (Please note seafood allergy) 香雞排、香腸炒高麗菜、魷魚炒芹菜、青菜(海鮮過敏請注意)
		<input type="checkbox"/> B	Dumplings 水餃	
5/29	Tue.	<input type="checkbox"/> A	Rice with sesame oil 麻油飯	Braised pork chop with onion, stir-fried cucumber and fish ball, saute shredded dried tofu with celery, vegetables (Please note fish allergy) 蔥燒豬排、黃瓜魚丸、芹香豆干絲、青菜(魚類過敏請注意)
		<input type="checkbox"/> B	Fried noodles with vegetable 什錦炒麵	

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5/30	Wed.	<input type="checkbox"/> A	Rice 白飯	Sanbei fish, sui mai, stir-fried garlic chives and mince pork, vegetables (Please note fish allergy) 三杯魚丁、蒸燒賣、韭菜花炒肉末、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Burger 漢堡	Sui mai, stir-fried garlic chives and mince pork, vegetables 蒸燒賣、韭菜花炒肉末、青菜
5/31	Thu.	<input type="checkbox"/> A	Sweet potato rice 地瓜飯	Japanese style pork, preserved egg and tofu, saute black fungus with cabbage, vegetables 和風豬肉片、皮蛋豆腐、木須高麗菜、青菜
		<input type="checkbox"/> B	Spaghetti with pasto 青醬義大利麵	
6/1	Fri.	<input type="checkbox"/> A	Rice 白飯	Sweet and sour rib, potato with mince pork, stir-fried broccoli with mushroom, vegetables 糖醋排骨、肉末馬鈴薯、鮮菇花椰菜、青菜
		<input type="checkbox"/> B	Japanese style Fried noodles with vegetable 和風什錦炒麵	
6/4	Mon.	<input type="checkbox"/> A	Rice 白飯	Korean pork chop, stir-fried pickled cabbage with pork, scrambled egg with yam bean, vegetables 韓式豬排、酸菜肉絲、豆薯炒蛋、青菜
		<input type="checkbox"/> B	Creamy conchiglie 奶油螺旋麵	
6/5	Tue.	<input type="checkbox"/> A	Rice 白飯	Poached chicken with orange sauce, braised white gourd with mushroom, stir-fried dry fish and dry tofu, vegetables (Please note fish and nuts or peanuts allergy) 橙汁雞球、香菇滷冬瓜、丁香豆干、青菜 (魚類及堅果過敏請注意)
		<input type="checkbox"/> B	Fried rice noodles with vegetable 什錦炒米粉	
6/6	Wed.	<input type="checkbox"/> A	Hainanese chicken rice 海南雞絲飯	Steam fish, stir-fried cucumber and fish ball, saute pork thick with satay sauce, vegetables (Please note fish allergy) 清蒸水晶魚、大黃瓜魚丸、沙茶小肉羹、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Minced pork with noodles 肉燥麵	
6/7	Thu.	<input type="checkbox"/> A	Fried rice with bacon 培根炒飯	Stir-fried pork fillet and sweet pepper, mapo tofu, saute cuttlefish with celery, vegetables (Please note seafood allergy) 彩椒豬柳、麻婆豆腐、芹菜魷魚、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Japanese style cold noodles 日式涼麵	
6/8	Fri.	<input type="checkbox"/> A	Rice 白飯	Poached chicken with scallions oil, braised white gourd with meat ball, saute dried bamboo shoot and soy bean milk film, vegetables 蔥油雞、冬瓜燒賣丸、筍干豆包、青菜
		<input type="checkbox"/> B	Fried noodles with garlic 蒜香炒油麵	

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6/11	Mon.	<input type="checkbox"/> A	Brown rice 糙米飯	Roasted pork with basil, baked pumpkin, stir-fried corn kernels and minced meat, vegetables 塔香豬排、烤南瓜、玉米肉末、青菜
		<input type="checkbox"/> B	Minced noodles 紹子麵	
6/12	Tue.	<input type="checkbox"/> A	Rice 白飯	Roasted chicken leg with basil, stir-fried vegetarian gluten kidneys with celery, saute bamboo shoots and tofu with satay sauce, vegetables 香草烤腿、西芹炒素腰花、沙茶玉筍豆腐、青菜
		<input type="checkbox"/> B	Elbows with meat sauce 肉醬通心麵	
6/13	Wed.	<input type="checkbox"/> A	Rice 白飯	Braised fish in brown sauce, braised gluten with taro, stir-fried sweet pepper and pork, vegetables (Please note fish allergy) 紅燒旗魚丁、芋頭燒麵腸、雙椒炒肉絲、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Creamy noodles with vegetable 奶油什錦麵	
6/14	Thu.	<input type="checkbox"/> A	Fried rice with salted fish (Please note fish allergy) 塩魚炒飯(魚類過敏請注意)	Pork with plum sauce, frittata, saute wheat gluten and pineapple, vegetables 梅汁酸甜肉、義式蛋餅、鳳梨麵筋、青菜
		<input type="checkbox"/> B	Chicken leg with sesame oil noodles 麻油雞腿麵	