

Date		Set	Staple food	Side dishes
4/9	Mon.	<input type="checkbox"/> A	Rice 白飯	Sweet and sour drummette, braised wheat gluten, poach loofah with clams, vegetables (Please note seafood allergy) 糖醋翅小腿、紅燒烤麩、蛤利絲瓜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Chicken fried noodles with black pepper 黑胡椒雞絲炒麵	
4/10	Tue.	<input type="checkbox"/> A	Dumplings 水餃	Braise fish, stir fry green soybean and dry tofu, fry mushroom and white gourd, vegetables (Please note fish allergy) 蔥燒魚丁、青豆豆干丁、冬瓜燴鮮菇、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Baked cream pasta 奶油焗麵	
4/11	Wed.	<input type="checkbox"/> A	Rice 白飯	Stri-fry chicken with vegetable, stir-fry bitter gourd with black soy bean sauce, saute vegetable and dry tofu, vegetables 五彩雞丁、豆鼓苦瓜、拌干絲、青菜
		<input type="checkbox"/> B	Pesto sause spaghetti 青醬義大利麵	
4/12	Thu.	<input type="checkbox"/> A	Rice 白飯	Deep fried shrimp cutlet, Spanish omelette, stri-fry celery with bacon, vegetables (Please note seafood allergy) 香酥蝦排、西班牙烘蛋、培根芹菜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Fried noodles with garlic 蒜香炒油麵	
4/13	Fri.	<input type="checkbox"/> A	Black rice 紫米飯	Pork cutlet with mushroom sauce, saute mushroom with fried tofu, bake stew wheat gluten with Chinese cabbage, vegetables 蘑菇豬排、雙冬油豆腐、大白菜麵筋、青菜
		<input type="checkbox"/> B	Stir-fry noodles 炒蒸煮麵	
4/16	Mon.	<input type="checkbox"/> A	Brown rice 糙米飯	Stew pork and potato with miso, baked pumpkin and cheese, poach loofah with dry shrimp, vegetables (Please note seafood allergy) 味噌洋芋燒肉丁、焗烤起司南瓜、蝦米絲瓜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Noodlse with meat sauce 肉醬拌麵	
4/17	Tue.	<input type="checkbox"/> A	Rice 白飯	Thai red curry chicken, fry egg with onion, sweet and sour soy bean milk film, vegetables 泰式紅咖哩雞、洋蔥炒蛋、糖醋豆包、青菜
		<input type="checkbox"/> B	Fried noodles with soy sauce 醬油炒麵	
4/18	Wed.	<input type="checkbox"/> A	Assorted rice 什錦飯	Steamed pork ribs with rice flour, stir-fry dried radish and dry tofu, stew dried bamboo shoot and fried tofu, vegetables 粉蒸排骨、炒菜脯豆干丁、筍干油豆腐、青菜
		<input type="checkbox"/> B	Burger 漢堡	

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4/19	Thu.	<input type="checkbox"/> A	Rice 白飯	Braised fish fillet in brown sauce, Chinese cabbage with creamy, fried garlic chives and fish stick, vegetables (Please note fish allergy)
		<input type="checkbox"/> B	Spaghetti in bolognaise 義大利肉醬麵	紅燒魚柳、奶油白菜、韭菜黑輪絲、青菜 (魚類過敏請注意)
4/20	Fri.	<input type="checkbox"/> A	Glutinous oil rice 油飯	Sesame oil chicken leg, Napoli style baked vegetable, tea egg, vegetables 麻油雞腿、拿坡里烤什蔬、茶葉蛋、青菜
		<input type="checkbox"/> B	Chicken leg with sesame oil noodles 麻油雞腿麵	Napoli style baked vegetable, tea egg, vegetables 拿坡里烤什蔬、茶葉蛋、青菜
4/23	Mon.	<input type="checkbox"/> A	Rice 白飯	Stew chicken with taro, stri-fry celery with mix vegetable, dry-fried string beans, vegetables 芋香燒雞、芹菜炒什錦、乾扁四季豆、青菜
		<input type="checkbox"/> B	Hakka fried thick rice noodles 客家炒米苔目	
4/24	Tue.	<input type="checkbox"/> A	Meat sauce over rice 肉燥飯	Kabayaki tilapia, stri-fry cabbage with bacon, saute egg with tomato, vegetables (Please note fish allergy)
		<input type="checkbox"/> B	Vegetable burrito 蔬菜捲餅	
4/25	Wed.	<input type="checkbox"/> A	Rice 白飯	Thai basil chili pork, Chinese cabbage with kimchi, steamed egg with corn, vegetables (Please note fish allergy)
		<input type="checkbox"/> B	Korean noodles 韓式拌麵	
4/26	Thu.	<input type="checkbox"/> A	Rice 白飯	General Tso's chicken, fried fish stick with onion, stir fry green soybean and ground pork with pickled cabbage, vegetables 左宗棠嫩雞丁、洋蔥炒香輪、酸菜毛豆肉末、青菜
		<input type="checkbox"/> B	Noodles with meat sauce 肉醬乾拌麵	
4/27	Fri.	<input type="checkbox"/> A	Sweet potato rice 地瓜飯	Pork chop with honey, saute broccoli and crab, stri-fry vegetarian gluten kidneys, vegetables (Please note seafood allergy)
		<input type="checkbox"/> B	Pork chop bagel 豬排貝果	
4/30	Mon.	<input type="checkbox"/> A	Rice 白飯	Curry chicken, stir-fry bitter gourd with pork thick, stir-fry bitter gourd with cummingcordia, vegetables 咖哩棒腿、肉羹黃瓜、破布子苦瓜、青菜
		<input type="checkbox"/> B	Shredded chicken big bite 雞絲大亨堡	
				Stir-fry bitter gourd with pork thick, stir-fry bitter gourd with cummingcordia, vegetables 肉羹黃瓜、破布子苦瓜、青菜

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5/1	Tue.	<input type="checkbox"/> A	Rice 白飯	Pork chop, steamed egg, saute bean sprout with soy bean milk film, vegetables 日式豬排、蒸蛋、銀芽豆皮、青菜
		<input type="checkbox"/> B	Japanese style udon 和風烏龍麵	
5/2	Wed.	<input type="checkbox"/> A	Brown rice 糙米飯	Buffalo chicken, pumpkin with cheese, stew monochoria with dried bamboo shoot, vegetables 紐奧良腿排、起司南瓜、福菜筍干、青菜
		<input type="checkbox"/> B	Spaghetti with pasto 青醬意大利麵	
5/3	Thu.	<input type="checkbox"/> A	Rice 白飯	Steam fish, stri-fry assorted vegetable, deep fried tofu, vegetables (Please note fish allergy) 清蒸水晶魚、什錦炒時蔬、脆皮豆腐、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Minced noodles 紹子麵	
5/4	Fri.	<input type="checkbox"/> A	Rice 白飯	Sweet and sour fish, stri-fry cabbage and celery, fried durvillea with basil, vegetables (Please note fish allergy) 糖醋魚柳條、芹菜高麗菜、塔香海苔、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Dumplings 水餃	
5/7	Mon.	<input type="checkbox"/> A	Rice 白飯	Stew pork with kelw, saute eggplant with basil, stri-fry snow peas and black fungus, vegetables 海帶結魯肉丁、塔香茄子、荷豆木耳、青菜
		<input type="checkbox"/> B	Yanshui egg noodles 塩水意麵	
5/8	Tue.	<input type="checkbox"/> A	Black rice 紫米飯	Chicken with honey mustard, hard boiled egg, little silver fish with amaranth potage, vegetables (Please note fish allergy) 蜂蜜芥末雞排、滷蛋、吻魚莧菜、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Spaghetti with creamy 奶油意大利麵	
5/9	Wed.	<input type="checkbox"/> A	Rice 白飯	Roasted chicken leg, stri-fry black fungus and pineapple, kung pao preserved egg, vegetables 烤雞腿、木耳炒鳳梨片、宮保皮蛋、青菜
		<input type="checkbox"/> B	Penne with tomato sauce 紅醬通心麵	
5/10	Thu.	<input type="checkbox"/> A	Sweet potato rice 地瓜飯	Black pepper pork fillet, Japanese simmered food, saute tofu with tomato, vegetables 黑胡椒豬柳、日式佃煮、紹子豆腐、青菜
		<input type="checkbox"/> B	Burrito 墨西哥捲餅	
5/11	Fri.	<input type="checkbox"/> A	Rice 白飯	Braised fish in brown sauce, Braised dried silver carp with Chinese cabbage, poach white gourd with pickles, vegetables (Please note fish allergy) 紅燒旗魚丁、扁魚白菜、醬菜冬瓜、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Thick rice noodles with pumpkin 金瓜米苔目	

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5/14	Mon.	<input type="checkbox"/> A	Black rice 紫米飯	Stew pork with tomato, stri-fry egg with green bean and radish, saute loofah and crab, vegetables (Please note seafood allergy) 蕃茄肉丁、三色豆炒蛋、蟹味絲瓜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Spaghetti with tomato sauce 紅醬義大利麵	
5/15	Tue.	<input type="checkbox"/> A	Egg fried rice with pork 肉絲蛋炒飯	Stew chicken cutlet, fried shredded pork with cuttlefish, braised taro in brown sauce, vegetables 滷雞排、客家小炒、紅燒芋頭角、青菜
		<input type="checkbox"/> B	Yakiudon 日式炒烏龍	
5/16	Wed.	<input type="checkbox"/> A	Rice 白飯	Stri-fry mix sea food, saute egg with pumpkin, stew dry tofu in brown sauce, vegetables (Please note seafood allergy) 燴三鮮、南瓜燴蛋、回鍋豆干、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Cold Noodles with sesame paste 芝麻涼麵	
5/17	Thu.	<input type="checkbox"/> A	Fried rice and chicken with garlic and chili 避風塘雞絲炒飯	Pork with ginger, rice meat ball, braised gluten, vegetables 薑汁肉片、珍珠丸子、醬燒麵腸、青菜
		<input type="checkbox"/> B	Minced pork with noodles 肉燥麵	
5/18	Fri.	<input type="checkbox"/> A	Rice 白飯	Curry chicken, braised dry tofu, stri-fry water bamboo, vegetables 咖哩雞丁、滷豆干丁、炒茭白筍、青菜
		<input type="checkbox"/> B	Fried egg noodles 炒意麵	
5/21	Mon.	<input type="checkbox"/> A	Rice 白飯	Stew pork with taro, french fries, stir-fry bitter melon with black soy bean, vegetables 芋頭燒肉、炸薯條、豆豉苦瓜、青菜
		<input type="checkbox"/> B	Savory rice pudding (Please note seafood allergy) 碗粿 (海鮮過敏請注意)	
5/22	Tue.	<input type="checkbox"/> A	Hawaii fried rice 夏威夷炒飯	Braised fish with brown sauce, chinese yam roll with coconut, bottle gourd with dry shrimp, vegetables (Please note seafood and fish allergy) 醬燒水晶魚、椰香山藥捲、蝦皮胡瓜、青菜 (海鮮及魚類過敏請注意)
		<input type="checkbox"/> B	Mushroom risotto with creamy 奶油蘑菇燉飯	
5/23	Wed.	<input type="checkbox"/> A	Minced pork over rice 肉燥飯	Pork chop with mince meat, potato salade, stri-fry bamboo and mix vegetable, vegetables 肉燥大排、馬鈴薯沙拉、竹筍三丁、青菜
		<input type="checkbox"/> B	Cold Noodles with shredded chicken 雞絲涼麵	

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5/24	Thu.	<input type="checkbox"/> A	Rice 白飯	Sanbei chicken, stri-fry egg with corn, saute fried tofu with black pepper, vegetables 三杯雞、玉米滑蛋、黑椒油豆腐、青菜
		<input type="checkbox"/> B	Hakka style rice noodles 客家板條	
5/25	Fri.	<input type="checkbox"/> A	Brown rice 糙米飯	Korea grill prok, saute shred pork with makino bamboo shoot, fried pickled mustard with green soy bean and dry tofu, vegetables 韓式燒肉、桂竹筍肉絲、榨菜毛豆干丁、青菜
		<input type="checkbox"/> B	Big bite 大亨堡	
5/28	Mon.	<input type="checkbox"/> A	Rice 白飯	Deep fried chicken cutlet, stri-fry cabbage with sausage, saute cuttlefish with celery, vegetables (Please note seafood allergy) 香雞排、香腸炒高麗菜、魷魚炒芹菜、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Dumplings 水餃	
5/29	Tue.	<input type="checkbox"/> A	Rice with sesame oil 麻油飯	Braised pork chop with onion, stri-fry cucumber and fish ball, saute shredded dried tofu with celery, vegetables (Please note fish allergy) 蔥燒豬排、黃瓜魚丸、芹香豆干絲、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Fried noodles with vegetable 什錦炒麵	
5/30	Wed.	<input type="checkbox"/> A	Rice 白飯	Sanbei fish, sui mai, stir-fry garlic chives and mince pork, vegetables (Please note fish allergy) 三杯魚丁、蒸燒賣、韭菜花炒肉末、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Burger 漢堡	
5/31	Thu.	<input type="checkbox"/> A	Sweet potato rice 地瓜飯	Japanese style pork, preserved egg and tofu, saute black fungus with cabbage, vegetables 和風豬肉片、皮蛋豆腐、木須高麗菜、青菜
		<input type="checkbox"/> B	Spaghetti with pasto 青醬義大利麵	
6/1	Fri.	<input type="checkbox"/> A	Rice 白飯	Sweet and sour rip, potato with mince pork, stri-fry broccoli with mushroom, vegetables 糖醋排骨、肉末馬鈴薯、鮮菇花椰菜、青菜
		<input type="checkbox"/> B	Japanese style Fried noodles with vegetable 和風什錦炒麵	
6/4	Mon.	<input type="checkbox"/> A	Rice 白飯	Korean pork chop, stri-fry pickled cabbage with pork, scrambled egg with yam bean, vegetables 韓式豬排、酸菜肉絲、豆薯炒蛋、青菜
		<input type="checkbox"/> B	Creamy conchiglie 奶油螺旋麵	
6/5	Tue.	<input type="checkbox"/> A	Rice 白飯	Chicken with orange sauce, braised white gourd with mushroom, stry-fry dry fish and dry tofu, vegetables (Please note fish and nuts or peanuts allergy) 橙汁雞球、香菇滷冬瓜、丁香豆干、青菜 (魚類及堅果過敏請注意)
		<input type="checkbox"/> B	Fried rice noodles with vegetable 什錦炒米粉	

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6/6	Wed.	<input type="checkbox"/> A	Hainanese chicken rice 海南雞絲飯	Deep fry fish with pepper, tri-fry cucumber and fish ball, saute fried fish stick with satay sauce, vegetables (Please note fish allergy) 椒塩旗魚丁、大黃瓜魚丸、沙茶香輪條、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Minced pork with noodles 肉燥麵	
6/7	Thu.	<input type="checkbox"/> A	Fried rice with bacon 培根炒飯	Saute pork fillet and sweet pepper, mapo tofu, saute cuttlefish with celery, vegetables (Please note seafood allergy) 彩椒豬柳、麻婆豆腐、芹菜魷魚、青菜 (海鮮過敏請注意)
		<input type="checkbox"/> B	Japanese style cold noodles 日式涼麵	
6/8	Fri.	<input type="checkbox"/> A	Rice 白飯	Chicken with scallions oil, braised white gourd with meat ball, stew dried bamboo shoot and soy bean milk film, vegetables 蔥油雞、冬瓜燒賣丸、筍干豆包、青菜
		<input type="checkbox"/> B	Fried noodles with garlic 蒜香炒油麵	
6/11	Mon.	<input type="checkbox"/> A	Brown rice 糙米飯	Roasted pork with basil, fried spring rolls, stir-fry corn kernels and minced meat, vegetables 塔香豬排、炸春捲、玉米肉末、青菜
		<input type="checkbox"/> B	Minced noodles 紹子麵	
6/12	Tue.	<input type="checkbox"/> A	Rice 白飯	Roasted chicken leg with basil, stri-fry vegetarian gluten kidneys with celery, saute bamboo shoots and tofu with satay sauce, vegetables 香草烤腿、西芹炒素腰花、沙茶玉筍豆腐、青菜
		<input type="checkbox"/> B	Elbows with meat sauce 肉醬通心麵	
6/13	Wed.	<input type="checkbox"/> A	Rice 白飯	Deep fried shishamo (Pk-G5: Deep fried fish), braised gluten with taro, stri-fry sweet pepper and pork, vegetables (Please note fish allergy) 香酥柳葉魚(G5以下用旗魚丁)、芋頭燒麵腸、双椒炒肉絲、青菜 (魚類過敏請注意)
		<input type="checkbox"/> B	Creamy noodles with vegetable 奶油什錦麵	
6/14	Thu.	<input type="checkbox"/> A	Fried rice with salted fish (Please note fish allergy) 塩魚炒飯 (魚類過敏請注意)	Pork with plum sauce, deep fried tofu with pepper, saute wheat gluten and pineapple, vegetables 梅汁酸甜肉、椒塩炸豆腐、鳳梨麵筋、青菜
		<input type="checkbox"/> B	Chicken leg with sesame oil noodles 麻油雞腿麵	
6/15	Fri.	<input type="checkbox"/> A	Rice 白飯	Sweet and sour rip, saute green bean noodle with ground pork, country steamed egg, vegetables 糖醋排骨、魚香冬粉、田園蒸蛋、青菜
		<input type="checkbox"/> B	Minced pork with Yanshui egg noodles 肉燥鹽水意麵	