

# November 2017 Lunch Menu

		Wednesday(11/1)	Thursday(11/2)	Friday(11/3)
		<p>□<b>A. Egg fried rice with tomato chicken and corn</b> braised eggplants, baked pumpkin, stir fried chicken with tomato, assorted vegetables</p> <p><b>A 蕃茄雞丁玉米蛋炒飯</b> 燒茄子、焗烤南瓜、蕃茄炒雞丁、青菜</p> <p>□<b>B. Minced pork with Yanshui egg noodles</b> Baked pumpkin, stir fried chicken with tomato, braised eggplants, assorted vegetables</p> <p><b>B 肉燥鹽水意麵</b> 焗烤南瓜、蕃茄炒雞丁、燒茄子、青菜</p>	<p>□<b>A. Brown rice</b> Louisiana fish fillet, stir-fried tofu with oyster sauce, scrambled eggs with corn, assorted vegetables</p> <p><b>A 糙米飯</b> 路易斯安納煎魚排、蠔油燒豆腐、玉米炒蛋、青菜</p> <p>□<b>B. Chicken burrito</b> Louisiana fish fillet, stir-fried tofu with oyster sauce, scrambled eggs with corn, assorted vegetables</p> <p><b>B 墨西哥雞肉捲</b> 路易斯安納煎魚排、蠔油燒豆腐、玉米炒蛋、青菜</p>	<p>□<b>A. Rice</b> pork chop with mushroom sauce, stir-fried bitter melon with salted egg, celery with fried dry tofu, assorted vegetables</p> <p><b>A 白米飯</b> 蘑菇醬豬排、鹹蛋苦瓜、芹菜炒豆干、青菜</p> <p>□<b>B. Assorted vegetable pasta in pumpkin sauce</b> pork chop with mushroom sauce, stir-fried bitter melon with salted egg, celery with fried dry tofu, assorted vegetables</p> <p><b>B 田園南瓜什蔬義大利麵</b> 蘑菇醬豬排、芹菜炒豆干、鹹蛋苦瓜、青菜</p>
Monday(11/6)	Tuesday(11/7)	Wednesday(11/8)	Thursday(11/9)	Friday(11/10)
<p>□<b>A. Assorted rice with spice</b> pork seasoned with garlic, braised eggplants, stir fried onion with tempura assorted vegetables</p> <p><b>A 香料什錦飯</b> 蒜味梅花豬、魚香茄子、洋蔥甜不辣、炒青菜</p> <p>□<b>B. Farfalloni with smoked chicken and vegetables in cream</b> Rosemary chicken wings, braised eggplants, stir fried onion with tempura assorted vegetables</p> <p><b>B 奶油燻雞什蔬蝴蝶麵</b> 迷迭香烤雞翅、洋蔥甜不辣、魚香茄子、青菜</p>	<p>□<b>A. rice with Japanese-style pork shashlik</b> Stir fried Chinese long bean with bacon, scrambled eggs with and scallions, fried cabbage with garlic</p> <p><b>A 和風豬肉串飯</b> 培根炒長豆、香蔥炒蛋、蒜炒高麗菜</p> <p>□<b>B. Minced pork noodles</b> Stir fried Chinese long bean with bacon, scrambled eggs with and scallions, fried cabbage with garlic</p> <p><b>B 古早味肉燥滷肉拌麵</b> 培根炒長豆、香蔥炒蛋、蒜炒高麗菜</p>	<p>□<b>A. Hawaiian fried rice</b> pork cordon bleu, braised sweet peppers and potatoes, braised cabbage with dry fish, assorted vegetables</p> <p><b>A 夏威夷炒飯</b> 藍帶豬排、醬燒青椒馬鈴薯、扁魚白菜、青菜</p> <p>□<b>B. Spaghetti with Bolognese sauce</b> pork cordon bleu, braised sweet peppers and potatoes, braised cabbage with dry fish, assorted vegetables</p> <p><b>B 古典式義大利肉醬麵</b> 藍帶豬排、醬燒青椒馬鈴薯、扁魚白菜、青菜</p>	<p>□<b>A. Rice</b> honey grilled chicken, Japanese-style stewed white gourds, scrambled eggs with corn and shrimps, assorted vegetables</p> <p><b>A 白米飯</b> 蜜汁雞、和風燒冬瓜、玉米蝦仁滑蛋、青菜</p> <p>□<b>B. Fried Hakka style rice noodles</b> honey grilled chicken, Japanese-style stewed white gourds, scrambled eggs with corn and shrimps, assorted vegetables</p> <p><b>B 客家炒板條</b> 蜜汁雞、和風燒冬瓜、玉米蝦仁滑蛋、青菜</p>	<p>□<b>A. Sesame paste sliced noodles</b> roast chicken drumstick, baby corn with mushrooms, scrambled eggs with string beans, French fries, assorted vegetables</p> <p><b>A 麻醬刀削麵</b> 香烤雞腿、玉米筍燴香菇、炸薯條、青菜</p> <p>□<b>B. Chicken and egg burger</b> baby corn with mushrooms, French fries, assorted vegetables</p> <p><b>B 雞腿蛋堡</b> 玉米筍燴香菇、炸薯條、青菜</p>

Monday(11/13)	Tuesday(11/14)	Wednesday(11/15)	Thursday(11/16)	Friday(11/17)
<p><input type="checkbox"/> <b>A. Rice</b> chicken basil, stewed cabbage with bean curd sheets, radish omelet with scallions, assorted vegetables</p> <p><b>A 白米飯</b> 塔香腿排、腐皮滷白菜、香蔥菜脯蛋、青菜</p> <p><input type="checkbox"/> <b>B. Spaghetti with Bolognese sauce</b> chicken basil, stewed cabbage with bean curd sheets, radish omelet with scallions, assorted vegetables</p> <p><b>B 波隆那肉醬義大利麵</b> 塔香腿排、腐皮滷白菜、香蔥菜脯蛋、青菜</p>	<p><input type="checkbox"/> <b>A. Spanish risotto with chicken and tomatoes</b> Stew chicken and carrots, curry potatoes, stir fried bean sprouts and bacon, assorted vegetables</p> <p><b>A 西班牙燜雞蕃茄燉飯</b> 紅蘿蔔燉雞、咖哩馬鈴薯、培根炒豆芽、青菜</p> <p><input type="checkbox"/> <b>B. Japanese-style shredded crab meat cold noodles</b> Stew chicken and carrots, curry potatoes, stir fried bean sprouts and bacon, assorted vegetables</p> <p><b>B 和風蟹絲涼拌麵</b> 紅蘿蔔燉雞、咖哩馬鈴薯、培根炒豆芽、青菜</p>	<p><input type="checkbox"/> <b>A. Black rice</b> Pork seasoned with garlic, Squash with Chinese wolfberries in bean paste, stir fried squids and celery, assorted vegetables</p> <p><b>A 紫米飯</b> 蒜味梅花豬、豆醬枸杞蒸南瓜、芹菜炒魷魚、青菜</p> <p><input type="checkbox"/> <b>B. Chicken farfalloni with mushroom in cream</b> Pork seasoned with garlic, Squash with Chinese wolfberries in bean paste, stir fried squids and celery, assorted vegetables</p> <p><b>B 嫩雞野菇奶油蝴蝶麵</b> 蒜味梅花豬、豆醬枸杞蒸南瓜、芹菜炒魷魚、青菜</p>	<p><input type="checkbox"/> <b>A. Steamed rice with squash and shrimps</b> Chicken wrap with apple and cheese, shrimp rolls, sweet potato with honey, assorted vegetables</p> <p><b>A 南瓜鮮蝦煲飯</b> 蘋果乳酪捲雞、蝦仁卷、蜜汁地瓜、青菜</p> <p><input type="checkbox"/> <b>B. Seafood egg noodles</b> Chicken wrap with apple and cheese, shrimp rolls, sweet potato with honey, assorted vegetables</p> <p><b>B 海鮮意麵</b> 蘋果乳酪捲雞、蝦仁卷、蜜汁地瓜、青菜</p>	<p><input type="checkbox"/> <b>A. Rice</b> Japanese teriyaki pork , stir-fried bitter gourds with salted eggs and thousand-year eggs, stir-fried kelp with basil, assorted vegetables</p> <p><b>A 白米飯</b> 日式壽喜燒肉、雙蛋燴苦瓜、塔香海龍、青菜</p> <p><input type="checkbox"/> <b>B. Chicken Penne in cream and cheese</b> Japanese teriyaki pork , stir-fried bitter gourds with salted eggs and thousand-year eggs, stir-fried kelp with basil, assorted vegetables</p> <p><b>B 香蔥奶油起司雞肉筆尖麵</b> 日式壽喜燒肉、雙蛋燴苦瓜、塔香海龍、青菜</p>
Monday(11/20)	Tuesday(11/21)	Wednesday(11/22)	Thursday(11/23)	Friday(11/24)
<p><input type="checkbox"/> <b>A. Beef stew with rice</b> Steamed egg with mushroom, braised tomatoes with bean curd sheets, assorted vegetables</p> <p><b>A 牛肉燴飯</b> 野菇風蒸蛋、蕃茄燒腐皮、青菜</p> <p><input type="checkbox"/> <b>B. Assorted Japanese Udon noodles with vegetables</b> Japanese-style pork fillet, Steamed egg with mushroom, braised tomatoes with bean curd sheets, assorted vegetables</p> <p><b>B 日式鮮蔬什錦烏龍麵</b> 日式豬排、野菇風蒸蛋、蕃茄燒腐皮、青菜</p>	<p><input type="checkbox"/> <b>A. Chicken risotto with mushrooms</b> braised chicken wing, braised pork ball in brown sauce, braised cabbage with dry fish, assorted vegetables</p> <p><b>A 鄉村野菇雞肉燉飯</b> 香味翅小腿、香滷獅子頭、扁魚大白菜、青菜</p> <p><input type="checkbox"/> <b>B. Bacon and mushroom rotini in cream</b> braised chicken wing, braised pork ball in brown sauce, braised cabbage with dry fish, assorted vegetables</p> <p><b>B 培根野菇奶油螺旋麵</b> 香味翅小腿、香滷獅子頭、扁魚大白菜、青菜</p>	<p><b>Thanksgiving lunch</b></p>	<p><b>Thanksgiving Holidays</b></p>	<p><b>Thanksgiving Holidays</b></p>

Monday(11/27)	Tuesday(11/28)	Wednesday(11/29)	Thursday(11/30)	
<p>☐<b>A. Grilled pork donburi</b> Grilled pork, boiled white radish and Chinese pork ball, fried cuttlefish patty, assorted vegetables</p> <p><b>A 燒肉丼飯</b> 燒肉、菜頭燒貢丸片、花枝排、青菜</p> <p>☐<b>B. Braised pork chop noodles with scallion</b> Boiled white radish and Chinese pork ball, fried cuttlefish patty, assorted vegetables</p> <p><b>B 蔥燒豬排麵</b> 菜頭燒貢丸片、花枝排、青菜</p>	<p>☐<b>A. Rice with Japanese-style fruit curry</b> Rosemary chicken, stir-fried tempura with chives flower, scrambled eggs with onions, assorted vegetables</p> <p><b>A 日式水果咖哩淋飯</b> 迷迭香烤雞腿、韭菜花炒甜不辣、洋蔥炒蛋、青菜</p> <p>☐<b>B. Assorted fried noodles</b> Rosemary chicken, stir-fried tempura with chives flower, scrambled eggs with onions, assorted vegetables</p> <p><b>B 台式什錦炒麵</b> 迷迭香烤雞腿、韭菜花炒甜不辣、洋蔥炒蛋、青菜</p>	<p>☐<b>A. Sweet potato rice</b> pork Teppanyaki, vegetables au gratin, steamed egg, assorted vegetables</p> <p><b>A 地瓜飯</b> 鐵板豬柳、焗烤鮮蔬、蒸蛋、青菜</p> <p>☐<b>B. Teppanyaki creamy pork noodles</b> vegetables au gratin, steamed egg, assorted vegetables</p> <p><b>B 鐵板奶油豬柳麵</b> 焗烤鮮蔬、蒸蛋、青菜</p>	<p>☐<b>A. Japanese-style salmon fried rice</b> Taiwanese pork sausage, scallops with cristo stripes, stir-fried cabbage, assorted vegetables</p> <p><b>A 日式鮭魚炒飯</b> 台式香腸、干貝酥、香炒高麗菜、青菜</p> <p>☐<b>B. Farfalloni with Vienna Sausage</b> Sausage, scallops with cristo stripes, stir-fried cabbage, assorted vegetables</p> <p><b>B 維也納香腸蕃茄什蔬蝴蝶麵</b> 德國香腸、干貝酥、香炒高麗菜、青菜</p>	