

December 2017 Lunch Menu

				Friday(12/1)
				<p>☐A. Braised pork on rice Bamboo shoots with roast pork, potato salad, Napoli baked vegetables, assorted vegetables</p> <p>A 古早味滷肉飯 筍干爌肉、馬鈴薯沙拉、拿坡里烤鮮蔬、青菜、</p> <p>☐B. Chicken burrito Chicken nuggets, potato salad, Napoli baked vegetables, assorted vegetables</p> <p>B 墨西哥雞肉捲 雞塊、馬鈴薯沙拉、拿坡里烤鮮蔬、青菜</p>
Monday(12/4)	Tuesday(12/5)	Wednesday(12/6)	Thursday(12/7)	Friday(12/8)
<p>☐A. Spanish risotto with pork and tomato stew stir-fried celery with bean curd, shrimp roll, assorted vegetables</p> <p>A 西班牙燴豬蕃茄淋飯 西芹豆包、蝦仁捲、青菜</p> <p>☐B. Assorted fried noodles with vegetables Braised pork chop, stir-fried celery with bean curd, shrimp roll, assorted vegetables</p> <p>B 台式什錦鮮蔬炒麵 紅燒豬排、西芹豆包、蝦仁卷、青菜</p>	<p>☐A. Black rice with assorted mushrooms Honey chicken, potatoes in coconut cream, scrambled eggs with carrots, assorted vegetables</p> <p>A 紫米野菇什錦炊飯 蜂蜜雞排、奶油椰香馬鈴薯、紅蘿蔔炒蛋、青菜</p> <p>☐B. Assorted fried noodles Honey chicken, potatoes in coconut cream, scrambled eggs with carrots, assorted vegetables</p> <p>B 什錦炒麵 蜂蜜雞排、奶油椰香馬鈴薯、紅蘿蔔炒蛋、青菜</p>	<p>☐A. Rice Black pepper pork chop, pork roll with seaweed, spinach topped with minced pork, steamed white gourds with ginger and Chinese wolfberries</p> <p>A 白米飯 黑胡椒豬排、海苔肉捲、香蔥肉燥淋菠菜、薑絲枸杞蒸冬瓜</p> <p>☐B. Nabeyaki fried egg noodles Black pepper pork chop, pork roll with seaweed, spinach topped with minced pork, steamed white gourds with ginger and Chinese wolfberries</p> <p>B 鍋燒炒意麵 黑胡椒豬排、海苔肉捲、香蔥肉燥淋菠菜、薑絲枸杞蒸冬瓜</p>	<p>☐A. Tomato and pork risotto Stew pork, cabbage roll, celery with fried dry tofu, baked pumpkin</p> <p>A 蕃茄豬肉燉飯 燉肉角、高麗菜捲、芹菜豆干、焗烤南瓜</p> <p>☐B. Pasta with basil and clam Stew pork, cabbage roll, celery with fried dry tofu, baked pumpkin</p> <p>B 塔香蛤蠣義大利麵 燉肉角、高麗菜捲、芹菜豆干、焗烤南瓜</p>	<p>☐A. Rice Barbecued pork, fried spanish mackerel fillet, stir fried chicken fillet with onion, stir-fried loofah</p> <p>A 白米飯 叉燒肉、炸土魷魚條、洋蔥炒雞絲、炒絲瓜</p> <p>☐B. Hakka rice noodles Barbecued pork, fried spanish mackerel fillet, stir fried chicken fillet with onion, stir-fried loofah</p> <p>B 客家板條 叉燒肉、炸土魷魚條、洋蔥炒雞絲、炒絲瓜</p>

Monday(12/11)	Tuesday(12/12)	Wednesday(12/13)	Thursday(12/14)	Friday(12/15)
<p>☐A. Tomato and beef risotto Sunny side up egg, orange marinated vegetables, assorted vegetables</p> <p>A 蕃茄牛肉燉飯 荷包蛋、橙香醃彩蔬、青菜</p> <p>☐B. Smoked chicken Pasta au gratin Chicken stewed with Teriyaki mushrooms, orange marinated vegetables, French fries, assorted vegetables</p> <p>B 奶油燻雞乳酪焗麵 照燒野菇鮮燉雞、橙香醃彩蔬、炸薯條、青菜</p>	<p>☐A. Japanese-style salmon fried rice Teriyaki chicken, curry vegetables, scrambled eggs with carrots, assorted vegetables</p> <p>A 和風鮭魚炒飯 日式照燒雞腿、咖哩匯鮮蔬、紅蘿蔔炒蛋、青菜</p> <p>☐B. Pumpkin fried rice vermicelli Teriyaki chicken, curry vegetables, flaky scallion pancake, scrambled eggs with carrots, assorted vegetables</p> <p>B 金瓜米粉 日式照燒雞腿、咖哩匯鮮蔬、紅蘿蔔炒蛋、青菜</p>	<p>☐A. Dumplings Fried chicken fillet, braised pork ball in brown sauce, braised cabbage with dry fish, stir fried bean sprouts and chives</p> <p>A 手工水餃 酥炸雞排、扁魚白菜、香滷獅子頭、韭菜炒豆芽</p> <p>☐B. Hokkien stir-fried mee Fried chicken fillet, braised pork ball in brown sauce, braised cabbage with dry fish, stir fried bean sprouts and chives</p> <p>B 福建炒麵 酥炸雞排、扁魚白菜、香滷獅子頭、韭菜炒豆芽</p>	<p>☐A. Italian assorted rice with spice Italian chicken, stir fried bottle gourd and dry shrimp, bell pepper with fried pork assorted vegetables</p> <p>A 義式香料什錦飯 義式雞肉、蝦米扁蒲、肉絲炒甜椒、青菜</p> <p>☐B. Creamy pesto pasta Italian chicken, stir fried bottle gourd and dry shrimp, bell pepper with fried pork assorted vegetables</p> <p>B 義式青醬奶油麵 義式雞肉、蝦米扁蒲、肉絲甜椒、青菜</p>	<p>☐A. Thai Style Pineapple Fried Rice Hungarian pork chop, Konto ni, scrambled eggs with corn and vegetables, assorted vegetables</p> <p>A 泰式鳳梨炒飯 匈牙利豬排、關東煮、三色玉米炒蛋、青菜</p> <p>☐B. Assorted Japanese Udon noodles Hungarian pork chop, Konto ni, scrambled eggs with corn and vegetables, assorted vegetables</p> <p>B 日式什錦炒烏龍麵 匈牙利豬排、關東煮、三色玉米炒蛋、青菜</p>
Monday(12/18)	Tuesday(12/19)	Wednesday(12/20)	Thursday(12/21)	
<p>☐A. Pork and eggs stewed rice Pork chop, fried spanish mackerel fillet, potato salad, stir fried Chinese long bean with bacon</p> <p>A 滑蛋豬肉燴飯 豬肉片、酥炸土魷魚條、馬鈴薯沙拉、培根炒長豆</p> <p>☐B. Assorted Stir-fried noodles Pork chop, fried spanish mackerel fillet, potato salad, stir fried Chinese long bean with bacon</p> <p>B 和風什錦炒麵 豬肉片、酥炸土魷魚條、馬鈴薯沙拉、培根炒長豆</p>	<p>☐A. Chicken risotto with vegetables in cream Fish Fillet with Seaweed, bean curd with vegetable, stir fried corn with pork, assorted vegetables</p> <p>A 奶油什蔬雞肉燉飯 麥年海苔鮮魚排、家常豆腐、肉末炒玉米、青菜</p> <p>☐B. German sausage penne with tomatoes Basil chicken, bean curd with vegetable, stir fried corn with pork, assorted vegetables</p> <p>B 德式香腸什錦蕃茄筆尖麵 塔香雞肉、家常豆腐、肉末炒玉米、青菜</p>	<p>☐A. Hawaiian fried rice Italian seasoning roast chicken, fried bacon and potato, stir fried onion with mushrooms, assorted vegetables</p> <p>A 夏威夷炒飯 義式香料烤雞排、炒培根洋芋、洋蔥炒雙菇、青菜</p> <p>☐B. Spaghetti with Bolognese sauce Italian seasoning roast chicken, fried bacon and potato, stir fried onion with mushrooms, assorted vegetables</p> <p>B 波隆那肉醬義大利麵 義式香料烤雞、炒培根洋芋、洋蔥炒雙菇、青菜</p>	<p>☐A. Oya Ko Donburi Curry chicken, fried corn with egg, celery with fried dry tofu, fried cabbage with garlic</p> <p>A 日式親子丼飯 咖哩雞、滑蛋玉米、芹菜炒豆干、蒜炒高麗菜</p> <p>☐B. Fried noodles in soy bean sauce Curry chicken, fried corn with egg, celery with fried dry tofu, fried cabbage with garlic</p> <p>B 炸醬蝴蝶寬麵 咖哩雞、滑蛋玉米、芹菜炒豆干、蒜炒高麗菜</p>	